

# Daily Agenda

## Morning:

Check-IN: Free Play  
Wake-Up: Team Attendance/Announcements  
Stretching & Trivia  
Warm-Up Game: Non-Traditional Sports  
Water Break

## Mid Morning:

SPORT OF THE DAY: Introduction of the Sport  
Skills: Demonstration and Questions  
Station Rotation: Small group coaching  
instruction  
Water Break

## Pre Lunch Games

Scrimmage Games: Team based

## Lunch

## Afternoons (will be a variation of the below)

**\*\*GameTime:** Games/Contests/Challenges

**\*\*Special Camp Activities:**  
(All depends on the Camp Site and Activities  
that are available)

But may include:

- \*Mobile Video Unit Truck (1 hour per child) -
- \*Laser Tag Mobile Unit Truck (1 hour per child) -
- \*Bounce House
- \*Swimming (only a couple locations)
- \*Ice Skating (only a couple locations)
- \*Field Trip to Movie Theatre  
(only Brambleton Location)

**\*\*Day Segments (see segments)**

**Popsicles** (All locations EVERY DAY)

## Round Up

**Announcements / Awards / Next  
Day Preview**



## Day Segments:

### “Center Stage”

- Guest Speaker
- Demonstration
- Performer
- Discussion Topic

### “Project Inc.”

- Campers work together to complete a task, build something, and use creativity

### “Pick’m”

- Campers are given the option to sign up for a variety of activities for an afternoon segment. (Playground / Scrimmage Game / Board Games)

### “Think Tank”

- Camper Test, Brain Teaser, Reading Assignment

### “BIG EVENTS (Friday)”

- Includes special activity
- Prizes
- Contests
- Camper awards